

## Managing osteoarthritis: A practical approach Friday 6<sup>th</sup> February 2015

To be held at the RVC's Hawkshead Campus, Hawkshead Lane, North Mymms, Herts AL9 7TA Course fee: £350

## **Programme**

08:30 - 09:00	Registration and refreshments
09:00 - 09:30	What is Osteoarthritis (OA)? (Matthew Pead)
09:30 - 10:00	Interactive session: How are you managing your OA cases now? (Matthew Pead)
10:00 - 10:30	Interactive Demonstration: Orthopaedic examination – showcasing and improving your diagnostic skills (Pilar Lafuente and Matthew Pead)
10:30 - 11.00	Tea/Coffee Break
11:00 - 11:45	Managing chronic pain in OA (Pilar Lafuente)
11:45 - 12:30	OA in Cats (Pilar Lafuente)
12:30 - 13:30	Lunch
13:30 -14:15	Interactive Demonstration: What is physical therapy and how do I get it done? (Pilar Lafuente, Emily Cowderoy (RVC physiotherapist) and Matthew Pead)
14:15- 15:15	Case discussions (Pilar Lafuente and Matthew Pead)
15:15-15:30	Tea/Coffee Break
15:30-16:15	Management options for OA: Discussion of topics raised during case discussions and areas such as feeding, exercise, nutraceutical, joint salvage, and surgery. (Matthew Pead)
16:15 - 16:30	Interactive session: How will you manage your OA cases tomorrow? (Pilar Lafuente and Matthew Pead)
16:30 - 17:00	New horizons in OA treatment (Pilar Lafuente)
	The timings and the structure of the course will be fluid to a degree to accommodate areas of interest raised by delegates in the interactive sessions

## **Tutors**

**Pilar Lafuente** DVM PhD DACVS-SA DECVS CCRT MRCVS, Diplomate American College of Veterinary Sports Medicine and Rehabilitation, Lecturer in Small Animal Surgery, Royal Veterinary College

**Matthew Pead** BVetMed PhD CertSAO CHEA MRCVS, Senior Lecturer in Surgery, Royal Veterinary College For further information contact the RVC CPD Unit Tel: +44(0)1707 666865 Fax: +44(0)1707 666877